



Holy Life

Living in Holiness or to live like Jesus Christ lived is a tough task for all of us. In fact, we Christians are called to live a holy life like Jesus Christ. Today Christianity has seen many divisions but very few practice and teach about the importance of living like Christ. And for many Holiness is only in the theory. They don't apply the theory they learned in the practical life.

And for some holiness means strictly following all religious rules and regulations and they don't care about living like Christ. And for some God appears to be the giver of power and wealth. In a world where we see ungodliness in every way we turn it is a real challenge to live like Christ. One of the reasons is instead of looking at Jesus to live holy God's we look at the world and its people. Instead of thinking what can I do to live like Christ we are thinking what I can do to live better than my neighbor?

As St. Peter said in the bible **"But just as he who called you is holy, so be holy in all you do; for it is written: "Be holy, because I am holy." Since you call on a Father who judges each person's work impartially, live out your time as foreigners here in reverent fear."** (1 Peter 15-17)

"Be Holy in all you do" is hard for all of us. Holiness should come from our words, deeds, thoughts and whatever we do every day. Each and every part of our body should contribute to the holiness. Also if we want to live a holy life we should think that we are foreigners in this world. Holiness will not come solely by the way of our worship, how often we worship or which holiest group/denomination we worship with. They provide some boost to our process of living holiness. They should help us to live like Jesus.

Today we see people saying we are the holiest group or denomination in this world but do they live like Jesus? Do we see Jesus in their words, deeds and thoughts? Most of us have fallen for money and pride. We have seen many people preaching about Jesus because Jesus said **"Go and make**

St : Josephs Parish
582 Hopes St Mountain View CA 94041

Tamil Mass will be celebrated every second Saturday at 6.45 PM

www.tamilcatholic.org

disciples of all nations" (Matthew 28:19) but do we see Jesus Christ by the way they live or do they live like Jesus? Today we are running behind material blessing and miracles. Did Jesus live like a millionaire? He did not even have a house to sleep. He walked from one city to another and preached the word of God. Today all the God's people have large homes and luxurious cars.

Finally St. Paul gives us some guidelines about what is unholy living and how to live a holy life. Let us read his writing to Galatians below.

The actions that are produced by selfish motives are obvious, since they include sexual immorality, moral corruption, doing whatever feels good, idolatry, drug use and casting spells, hate, fighting, obsession, losing your temper, competitive opposition, conflict, selfishness, group rivalry, jealousy, drunkenness, partying, and other things like that. I warn you as I have already warned you, that those who do these kinds of things won't inherit God's kingdom. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against things like this. Those who belong to Christ Jesus have crucified the self with its passions and its desires. If we live by the Spirit, let's follow the Spirit. Let's not become arrogant, make each other angry, or be jealous of each other. (Galatians 5:19-25)

Let us pray to God in this new year to help us to live a holy life by not becoming arrogant, not making each other angry and not be jealous.

- **Leenus Rich**

UpComing Events

Feb 2nd Sat Tamil Mass
Mass: Feb 13th , 6:45 PM

Lenten Retreat & Tamil Mass
Mass: Mar 12th , 3.30 PM.



World Day of Sick

The World Day of the Sick offers us an opportunity to draw particularly close to people who are ill, and to those who care for them.

This was expressed by Pope Francis in his message for the annual observance. The Holy Father noted: "For our loved ones who suffer because of illness we ask first for their health. Jesus himself showed the presence of the Kingdom of God specifically through his healings. But love animated by faith makes us ask for them something greater than physical health: we ask for peace, a serenity in life that comes from the heart and is God's gift, the fruit of the Holy Spirit, a gift which the Father never denies to those who ask him for it with trust."

The Church will observe the 24th World Day of the Sick on Thursday, February 11, 2016. During the Mass there will be a celebration of the Sacrament of the Anointing of the Sick for anyone acutely or chronically ill, anyone suffering a debilitating condition, anyone facing surgery, the elderly, and all who might be a candidate for this sacrament. Each parish in the Diocese is also encouraged to schedule a similar celebration either on February 11 or another convenient day near it. Information and resources to help plan a liturgical celebration have been provided to each parish by the Office for Parish Life through the Diocesan website at www.dioceseofscranton.org (see Parish Life menu tab, then World Day of the Sick.) Particularly during this Jubilee Year of Mercy, our diocesan observance of the World Day of the Sick enables those carrying the cross of illness and their caregivers to experience the presence of our merciful Father and obtain all the blessings and graces.

To grow in tender love, and a respectful and sensitive charity, we have a sure Christian model to contemplate: Mary, the Mother of Jesus and our Mother, who is always attentive to the voice of God and the needs and troubles of her children. The favors of the Lord are not exhausted, his mercies are not spent.

They are renewed each morning, so great is his faithfulness. A portion is the Lord, says one's soul; therefore once can hope in him.

A PRAYER FOR WORLD DAY OF THE SICK

GOD OF HEALING AND COMPASSION,

You shower us with your infinite care,
and comfort all in pain and affliction.

LOOK WITH ABUNDANT MERCY ON ALL WHO SUFFER

in body, mind or spirit. Grant healing and hope
to the sick, the wounded and the dying
in their darkest hours, so they may witness the power
of Your Healing Presence in the world.

WE THANK YOU, GRACIOUS GOD,

for all those who have contributed to the mission of
Catholic health care.

These are the women and men who inspire and inform
the work we do every day.

SEND YOUR MERCIFUL LOVE AND EMPOWERING PRESENCE

to all who continue working to alleviate the suffering
of the sick, the lonely and the broken-hearted,
wherever they may be.

Sustain us, Your ministers of compassion and healing,
in our work in the world as we continue Your mission of
love and healing.

MAY WE BE THE FACE OF YOUR SON, JESUS, WHO SAID,

"Come to me all who labor and are burdened
and you will find rest for your souls,
for my yoke is easy and my burden light."

May all who work in health care and all those who
suffer with family and loved ones who are ill feel their
burdens lightened through the intercession of our
prayers.

WE ASK THIS, ON THE WORLD DAY OF THE SICK,

through the intercession of Our Lady of Lourdes,
whose feast we celebrate today,
and in the name of your Son, Jesus, and the Holy Spirit,
now and forever. AMEN.



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